

Cochrane Temiskaming Resource Centre

Vision Statement

Individuals supported by the Cochrane Temiskaming Resource Centre will have fair and equal opportunity to live, work and play within the community, as determined by personal interest and not by label.

Mission Statement

To advance the quality of life of individuals with developmental disabilities through the promotion of supports and services which are person driven, holistic, community based and accountable.

WHAT A GREAT ACHIEVEMENT !

A commemorative diamond jubilee medal marking the 60th anniversary of Queen Elizabeth II's accession to the throne was presented to 60,000 Canadians across the nation who are being recognized for significant contributions and achievements. Ron Lalonde was nominated and is Kirkland Lake's first recipient. Ron was presented on behalf of the Queen by MP Charlie Angus and MPP John Vanthof during the Canada Day celebrations at Civic Stadium.—taken from the Northern News July 2012

CONGRATULATIONS RON!!



Congratulations on your 3rd edition of the Newsletter! I look forward to reading each new edition, as does CTRC's Board. This has been a very busy year for CTRC. In general, I would like to recognize all of your efforts in making CTRC a great place for individuals to live and receive supports. I would like to thank those of you who took part in the Spring Dinner and Dance celebrating the 100th Birthday of Timmins, and I am also very appreciative of all of the interesting and fun summer activities organized by our staff. These efforts certainly shows your commitment to the people we support. CTRC did very well on our most recent Quality Assurance Measures Audit, and I appreciate the efforts that made that happen. I hope you all enjoyed a nice summer, and trust you are now looking forward to a White Christmas,

Sincerely

Gary Dowe

Upcoming Events

CTRC Christmas Concert

Wed Dec 12/12 6:30 PM
Roland Michener
Secondary School



**CLTIC is hosting a Christmas social
Wed. Dec. 19/12.**

**CTRC day program
is hosting a Penny
Sale on Thursday
Nov 29, 2012.**

**www.ctrcc.on.ca
Don't forget to
check us out on
the web!**



CTRC's French Language Services Plan

CTRC has this year submitted a French Language Services Plan (FLSP) to our Ministry representatives. This plan is a Ministry requirement that aims to ensure that French language services are offered in communities designated bilingual

under the French Language Services Act. The requirement is that agencies provide access to French language services, French speaking staff and afford an opportunity to report service denials.

CTRC is well positioned to meet the requirements as outlined because

many of our practices already ensure the delivery of French language in terms of support services, assessment and presence of French speaking staff in day support and residential programs to engage and respond to French speaking individuals.

However, some minor improvements are required by CTRC specifically in the area of communicating that French Language Services are available and may be accessed. contact Daniel Roy, Director of Infant Development

"MY SAY"

Word on the street
Question was asked at Day Program

"What did you do this summer that made it special for you?"

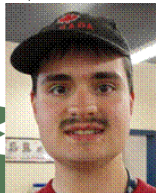
Aller à Cochrane chez Roly's Service Station pour passer du temps avec les gars and visiter un camion d'outils Snap On.

Aller avec des amis/es à Iroquois Falls. Nous avons eu du plaisir chez Nancy.

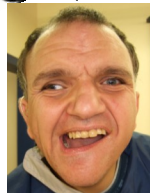
I liked going to the movies with the summer students.

Going to Gibson Lake Camp for a day outing.

Going to see 'Ice Age' at the show.



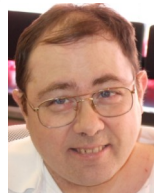
Nick Hoffman-Roy



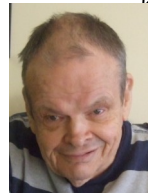
Franco Palmerio



Tina Ouellet



Daren Rossi



Barry Barnard

Self-Advocates Group is Back!



Meetings began

October 23rd and will be bi-weekly until

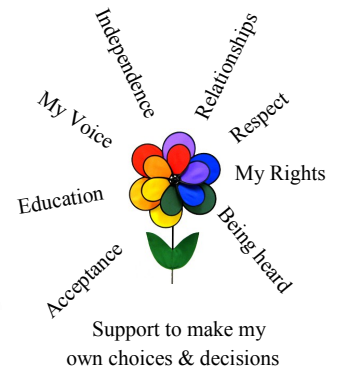
December 18th, 2012.

We will break for holidays and restart on January 8th, 2013.

Where: Day Program

When: 3:00pm to 4:00pm

NEW MEMBERS ARE WELCOME!



Anyone interest in joining the SAG, please contact Pam or Anne or come out to a meeting.

Anne

achircoski@ctrc.on.ca
705-267-8181 ext.230

Pam

pstager@ctrc.on.ca or
705-267-8181 ext.251



TIMMINS TRIATHLON

On July 15, 2012, Gary Perkins and Nicole Ferguson participated in the Timmins Triathlon at Gillies Lake. The duo had to swim 100 meters, bike 2.3 km and run 800 meters. Both athletes did very well and each won first prize in their division.



A smile

A smile is just a little thing, It does not cost a lot, It's free to beggar and to king,

So why not smile a lot!



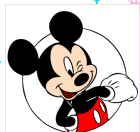
Travis' favourite memory about Gramma Ager is this poem



Familyhome Program

Update!

This past February 2012, Kevin Bond and Kenny Sullivan had a trip of a lifetime to Walt Disney World in Orlando Florida. They spent 10 wonderful, fun filled days exploring all of the sights and wonders. Both Kenny and Kevin wanted to share a few of their memories with us!



We would like to give a **BIG** Thank you to Henriette Taylor for helping make it all happen!



LA RUÉE VERS L'OR Un compte rendu de Nicholas Hoffman-Roy

J'ai joggé pour 37 minutes aussi j'ai joggé avec Kelly, Gary et Nicole.. J'ai joggé de l'école Renaissance, dans la trail et par le baseball parc. Je fessais du jogging pour être en bonne forme, pour digérer mon manger et nous on était beaucoup de monde qui joggaiement.

J'ai beaucoup joui de la course et j'avais beaucoup soif à la fin. À la fin aussi je suis allé avec Kelly dans l'école Renaissance pour passer du temps avec le monde (qui ont participé à la course). Moi-même (je) me fais appeler en avant aussi pour chercher un gilet. J'ai mangé un

gros gouter. J'ai eu un bon temps et j'ai bien aimé ça parce que toute étaient bon et beau.

Des enfants ont aussi joggé avec les adultes et ils se gardaient en forme.



3 & 2 KM EVENTS
GOLD RUSH RUN

MARTIN

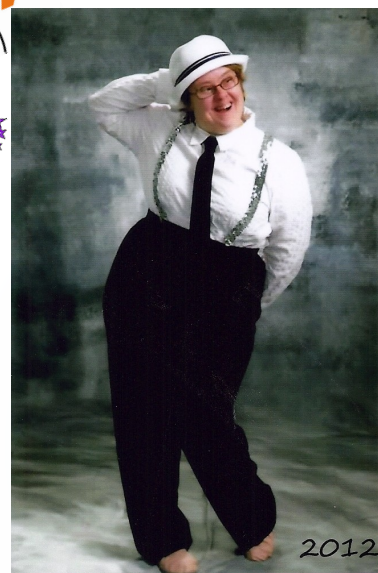


I am happy in my new home with my new friends, a nice bedroom and a large yard which allows me to enjoy the outdoors.

Celebrations

CAROLYN

Every Friday for the past 2 years Carolyn and her friends have enjoyed taking Dance lessons at Mick School of Dancing. They enjoy taking part in the recital and always receive a standing ovation !

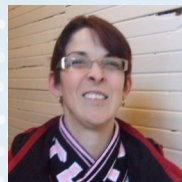


2012



Terry Fox Run or Walk

By Elana Baranyk



On Sept 16, 2012, was the Terry Fox walk, run, jog, anything you want to do, but before that special event started, every one of the participants had a moment of silence. There was the Timmins Police playing "Amazing Grace". I would just like to say my many thanks to everyone that came. I'm sure if Terry Fox was alive, Terry Fox would have said the same thing. "Let us keep his spirit alive". Mike Doody did a good job speaking to all the participants that came.

Psychological Services' News

From June 11-15 2012 CTRC's Psychological Services Department completed an in-depth course in St. Catharines, Ontario hosted by Brock University. The team learned how to use different methods to assess and treat psychological and behavioural difficulties. They were lucky enough to be taught by an international group of experts

in the field of developmental disabilities.

The team explored such topics as biopsychosocial assessment and treatment, data collection and analysis, and neurodevelopmental effects on challenging behaviours. The team is excited to implement the information they learned during the course into their practice at CTRC.



CTRC

Day Program Supports Breast Cancer Awareness

Day program's window displays try to stay current with themes of the season as well as promotes current initiatives. The displays are also changed regularly. The theme, "October, Breast Cancer Month" is showcased in our current window display. The Downtown BIA Newsletter featured our display, drawing attention to our windows, encouraging others to come have a look.... It's nice that our efforts are appreciated!!



Familyhome Program

Over the years Familyhome has been very fortunate to have found many wonderful families who have opened their homes and hearts to people.

We are continuing in our efforts to locate additional families and could certainly use your help. Our best recruitment has been through word of mouth so talk us up!!

We appreciate all your efforts. Those interested in finding out more can

contact: **Tracy ext. 238**

Vanessa ext. 261

Cochrane Temiskaming Resource Centre

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