

# COVID-19 INFO

COCHRANE TEMISKAMING RESOURCE CENTRE

**To:** All Staff  
**From:** Daniel Roy  
**Subject:** Covid-19 response  
**Date:** May 12<sup>th</sup>, 2020

## **“WASH YOUR HANDS, PHYSICALLY DISTANCE, STAY SAFE”**

- ✓ **Congratulations to Vicky Osawamick named Essential Worker of the Day by Timmins Today.**
- ✓ **The Healthcare of Ontario Pension Plan (HOOPP) has decided to extend free accrual of pension contributions (employee & employer do not pay) to any staff required to take a leave of covid-19 related absence without pay anytime from March 17<sup>th</sup> until the Ontario Emergency orders are lifted. This will include staff off because childcare support was lost and staff that needed to pick one employer during this period. HR is tracking and will be in touch with any staff that elected to pay into the pension during the period of their leave. The money will be returned.**
- ✓ **To promote the well-being of all of our staff, Timmins Family Counselling, our Employee Assistance Provider, remains open and ready to support. You may seek assistance by calling 705-267-7333.**
- ✓ **Resources are available to support staff including the Ontario Government and MCCSS who are offering FREE mental health support for front line employees. Visit the Request Support page at <https://covid19therapists.com/request-support/>. Fill in the brief form. In the space for healthcare role enter "Direct Support Professional." A few hours after you submit the form, you'll receive an email with the names and email addresses of up to three licensed volunteer therapists. Email the therapist of your choice and they'll get back to you as soon as possible.**
- ✓ **Navigate to our CTCRC website under “CTRC Highlights” tab to view some positive initiatives and words of encouragement for us all.**

✓ Thank you for everything you are doing to stay well and promote the well-being of the individuals we support.

Respectfully,



Daniel Roy  
Human Resources Director

Cc Darren Renaud, L664 President  
Cindy McQuarrie, OPSEU Regional Representative  
Sarah Cashabec for Board Distribution and web posting