

COVID-19 INFO

COCHRANE TEMISKAMING RESOURCE CENTRE

To: All Staff
From: Daniel Roy
Subject: Covid-19 Response
Date: May 26th, 2020

“WASH YOUR HANDS, PHYSICALLY DISTANCE, STAY SAFE”

The CTRC Management Team continues to plan and respond:

- ✓ Cloth masks and sanitization are being organized for distribution to our LifeShare families.
- ✓ Community activities for our residential individuals is currently on hold until conditions appear more favorable.
- ✓ Activities in our own backyards should be favoured at this time. This may be BBQ's, lawn games, etc. Residential Supervisors are there to assist with any needed supplies and equipment that can provide entertainment at our residential locations.
- ✓ Please continue to wear, at all times, your mask at work and when out in community when social distancing is challenging.
- ✓ Attached is a summary table of activities and risk. Please review.

Respectfully,

Sam Delaplante
For Daniel Roy, Human Resources Director

Cc Darren Renaud, L664 President
Cindy McQuarrie, OPSEU Regional Representative
Sarah Cashabec for Board Distribution and web posting

LOWEST RISK



HOME ALONE OR WITH HOUSEMATES

- Stay home as much as possible.
- Try to allow only people you live with into your home.
- Wash your hands.
- If you're sick, stay home and isolate from housemates.

MODERATE RISK



OUTDOOR ACTIVITIES

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Avoid shared surfaces, like swings or benches.

HIGHER RISK



OUTDOOR GATHERINGS

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Don't share food, toys, and other items, and avoid shared surfaces.
- Participate in events like these infrequently.

HIGHEST RISK



INDOOR GATHERINGS

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Don't share food, toys, and other items, and avoid shared surfaces.
- Open windows for better ventilation.
- Try to avoid gathering indoors as much as possible.