

COVID-19 INFO

COCHRANE TEMISKAMING RESOURCE CENTRE

To: All Staff
From: Daniel Roy
Subject: Updates - Covid-19
Date: May 27th, 2021

**“WASH YOUR HANDS, PHYSICALLY DISTANCE, STAY SAFE”
PLEASE CONTINUE WEARING YOUR MASK & SHIELD**



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS



GET A VACCINE

- ✓ We continue to be a leader with a vaccination rate of 84% for current staff across the agency/departments and services. 150 of our active staff are vaccinated with one dose and second doses are imminent.
- ✓ Staff currently away on LOA are also moving ahead to becoming vaccinated ahead of a return to CTRC and for their own protection. 8 staff on LOA have become vaccinated.
- ✓ We are today wanting to appeal to the last 16% of our staff hesitant about vaccination.
- ✓ The Porcupine Health Unit is urging all to seek vaccination in light of the current State of Emergency in Timmins and our provincial rating of 2nd top region with highest infection rate.
- ✓ The reasons to be hesitant about vaccination are many. We want to support you in this process and are providing the following guidance:

Concerned about vaccination and my current illness/disability, etc?

PLEASE seek guidance with your primary physician or specialist,

Concerned about an allergic reaction?

PLEASE visit the Health Canada website for the full list of ingredients in the vaccine and review with your health team. They may be of assistance in developing a plan to avoid and/or minimize the allergic reactions.

Concerned about vaccination during my pregnancy?

PLEASE see your Family Physician/Gynecologist and discuss vaccination.

Concerned about the vaccine long-term effects?

No one yet is able to fully answer this.

However all the vaccines approved by Health Canada are safe. Health Canada continues to monitor and take action to suspend vaccines with significant negative effects on the health of Canadians. They will continue to monitor effects of vaccination over the next 2 years and are committing to inform Canadians about any concerns.

The Vaccine Injury Support Program has been created to financially support any Canadian made ill by vaccination

The effects of Covid-19 on the health of Canadians has immediate effects including cough, fever, difficulty breathing, hospitalization, lung inflammation, organ failure, and possible death. Covid-19 long-term effects are also not yet know and continue to be studied.

We urge you to consider both as you reflect about vaccination.

Concerned about effectiveness of vaccine against acquiring Covid-19?

Vaccination is not a cure for Covid-19.

Vaccinated individuals may still acquire Covid-19.

However, protection from the most serious effects of Covid-19 are over the 90% threshold. (source: Health Canada amassed studies)

Concerned Vaccination may give Covid-19?

From the Health Canada Website: *"The vaccines cannot give you COVID-19 because they don't contain the virus that causes it. The vaccines also cannot change your DNA.*

mRNA vaccines provide instructions to your cells for how to make a coronavirus protein. This protein will trigger an immune response that will help to protect you against COVID-19.

Viral vector vaccines use a virus that's been made harmless to produce coronavirus proteins in your body without causing disease. Similar to mRNA vaccines, this protein will trigger an immune response that will help to protect you against COVID-19"

**Keep up the Infection Control Practices.
They have been effective to date!**



Daniel Roy, Human Resources-Director

Cc Cindy McQuarrie, OPSEU Regional Representative
Lisa DeRosario, OPSEU L664 Chief Steward
Donna Cashabec for Board Distribution